



amara's
health spa

Inspiring relaxed minds

Enhanced Grooming

Quality is never an
accident; it is always
the result of high
intention, sincere
effort, intelligent
direction and skillful
execution.





SPA ETIQUETTE

**Treatment time can be modified to suit your needs (2hrs max)*

- Please arrive 15 minutes prior to your appointment in order to complete the consultation form and skin analysis. Arriving late will automatically reduce treatment time.
- While the spa provides all disposable clothing, gowns, towels and slippers for treatments, we recommend that you bring a costume for hydrotherapy treatments.
- Please note that we have a restaurant on the premises to serve you before or after your treatment.
- Please note that the spa is unsuitable for babies and children under 12 years of age unless they are booked in for treatments.
- Kindly please remember to switch off all gadgets prior to treatments.
- Our rooms are equipped with safes for your convenience.
- Please give 24 hours' notice for cancellation of individual treatments and 48 hours' notice on packages as lack of will attract a 50% penalty fee. All group bookings to be paid in advance.
- We recommend that you do not sunbathe before and after waxing and advanced electric facials and peels.
- Smoking is not permitted in the spa.
- Acceptable payment methods: Local (in Zimbabwe) Cash, Ecocash, Swipe, PayNow, Zippit, Bank Transfers. International: VISA, Mastercard.
- Please call ahead if you wish to have wine or champagne with your treatment so that we can prepare it accordingly.



ENHANCED GROOMING

Permanent Makeup

\$150 / R1 800 ⌚ 2hrs.

This is a revolutionary cosmetic technique which employs tattoos as a means of producing designs that resemble make-up such as eye-lining and other permanent enhancing colors to the skin of the face, lips, and eyelids.

Micro-Needling

\$100 / R1 200 ⌚ 1hr.

This is a quick and relatively painless procedure to give you smoother, firmer and younger looking skin. This treatment reduces wrinkles and fine lines as well as reduces the appearance of stretch marks especially when combined with other laser treatments.

Micro-Blading

\$150 / R1 800 ⌚ 2hrs.

This technique may be used to improve or create eyebrow definition, to cover gaps of lost hair to extend the eyebrows or as a full reconstruction procedure if the brows have little/no hair.

Teeth Whitening

\$120 / R1 440 ⌚ 1hr.

This treatment will restore the natural tooth shade or whiten them beyond your natural shade depending on your desired effect. The process is done by removing surface stains caused by strainers such as tea, coffee, red wine and tobacco.

Breast Firming

\$25 / R300 ⌚ 30mins.

Distressed about saggy breasts that are drastically making you feel less confident? This treatment is just for you. It ensures that you maintain your full and curvy breasts as well in the most natural way possible.





BUSINESS HOURS:

Open:

Monday - Saturday
· 8am - 7pm

Sunday
· 9am - 5pm

19 Fernleigh Road,
Pomona, Harare,
Zimbabwe

info@amarashealthspa.com

(+263) 242 886 663

(+263) 774 892 738

www.amarashealthspa.com



Website



Mobile App